



Training Course

“From Small Steps to Big Changes: Tackling discrimination in everyday life”

Antwerp, Belgium, 12-18 April 2018

CALL FOR PARTICIPANTS

The International Secretariat of Service Civil International is happy to announce opening of the application process for an exciting training course on antidiscrimination that will merge theory and practice into one coherent programme. **Interested individuals are welcome to apply by 25th February 2018.**

Training in short

The training course is the main activity of the Small Steps project aiming at increasing the capacity of 10 European organisations in becoming actors of change in their local environment and working more effectively and actively for a more inclusive and prejudice-free Europe.

With this TC, we intend to provide you – youth workers, leaders, and educators – with knowledge and skills essential to inform and run educational activities in your local communities and societies on the topics of stereotypes, prejudice, and discrimination, and to react to discriminatory practices – both as an individual and as an organisation. One of the methods we will focus on is the Human Library.

The training programme includes elements of both theory (what is discrimination, how to react to it), direct encounter with minorities (Human Library event), practice (practising intervention in situations of discrimination both as an individual and an organisation), and action planning (small-scale activities that you can do in order to prevent the growth of xenophobia and discrimination).

The detailed programme can be found at the end of the call.

For whom?

The event will gather 28 participants from 9 European countries – activists and educators from **Belgium, Bulgaria, Germany, Greece, Hungary, Poland, Slovenia, Spain, and Sweden.**

The project is intended for youth workers, leaders and educators – both volunteers and staff members – who act (or plan to act) as actors of change in their communities and societies, and work together for a better understanding between the people of different nationalities and religions, and for less discriminatory Europe.

We believe that the TC will increase your self-confidence, make your work more efficient, and help you have a greater impact on the surrounding society and reality!

As the ideal participant you should:

- be interested in antidiscrimination issue and have some knowledge on this topic;
- be willing to take part in the project follow-up: organisation of a Human Library in your home country;
- come from one of the 9 above-mentioned project countries;
- be able to communicate well and work in English;
- with minimum age 18 (no maximum age);
- attend the whole course duration (there is no possibility to make exceptions).

We especially warmly welcome representatives of minority groups.

When?

The training will last 7 days. Arrival is foreseen on Thursday, **12th April 2018 before 3 p.m.** Departure is on Wednesday, **18th April 2018 after 1 p.m.**

Where?

The training will be held in Antwerp, Belgium – a charming city with a rich history. Participants will be accommodated in a comfortable and modern [Hopper hostel](#) close to the centre of Antwerp. Please note that the living conditions will be quite simple, and the rooms will be shared by 4-8 people.

Methods

The working methods used will base on the principles of adult learning, creating a stress-free and motivating environment where the human brain has a full capacity to learn. You will often work in smaller groups in order to achieve best results. All the methods will encourage active participation, creativity, initiative, and responsibility for one's own learning process.

Trainers

The training will be facilitated by 2 experienced trainers, founding members of the SCI Pool of Trainers and Facilitators:

Natalie Jivkova, Bulgaria – trainer and facilitator passionate about non-formal learning. She has been involved in SCI activities on a local and international level since 2002. She has been working in the social field and has experience with neglected young people, from minorities and with fewer opportunities.

Małgorzata Tur, Poland – sociologist, trainer and educator, certified member of the Polish Association of NGO Trainers, owner of Pracownia Interakcji training company. She has been active in the training field for more than 17 years, supporting individuals and groups to develop their skills and grow. Former coordinator of OWA Educational Programme on Refugees and Minorities, leader of numerous antidiscrimination activities.

Certificates

You will be awarded with a training completion certificate, issued by Service Civil International, as well as with Youthpass certificate.

Financial conditions

The food and accommodation of the participants will be fully covered. Reimbursement of the travel tickets will be 100% up to the maximum amounts indicated in the rules of the Erasmus+ programme after the receipt of original documents. Maximum travel reimbursement amounts: 100-499 km = 180 euro, 500-1999 km = 275 euro. We encourage you to use environmentally friendly transport (bus, train, car sharing) when possible.

There will be a participation fee of 30 euro per person, to be paid to SCI upon arrival, and that will be used for organisational costs of the Human Library in Antwerp. Some exceptions may be made for participants in a difficult financial situation – in this case, please notify us before the training.

How to apply

The applicants are asked to complete an online registration form [HERE](#). The deadline is 25th February 2018, 23:59 CET. All applicants will be notified on the results by 2nd March 2018.

Questions?

Please contact the trainers at scitrainers@sci.ngo.

See you soon in Belgium!

Draft Programme of the Training Course
“From Small Steps to Big Changes: Tackling discrimination in everyday life”
12-18 April 2018, Antwerp, Belgium

DAY	1 – Thu, 12.04	2 – Fri, 13.04	3 – Sat, 14.04	4 – Sun, 15.04	5 – Mon, 16.04	6 – Tue, 17.04	7 – Wed, 18.04	
08:30-9:15	Breakfast							
9:30-11:00	Arrivals	Individual and group identity; its impact on an individual	Minority vs. majority - experience	Human Library – reflection upon the experience and the method	Meeting with a local NGO	Me as an actor of change	Summing up of the programme To the future	
11:00-11:30		Break						
11:30-13:00		From stereotypes to discrimination mechanisms	<i>Blue-eyed</i> documentary & reflection	Discrimination in the European context	Tackling discrimination on the organisation level	Preparation for organising Human Libraries in the partners' countries	Evaluation of the TC Certificate awarding Closing of the TC	
13:00-15:00	Lunch							
15:00-16:30	Opening of the training getting-to-know	City rally	Human Library (in the city)	Reacting to discrimination practice	Excursion – getting to know intercultural Antwerp with local volunteers	Erasmus+ program NGO fair: ideas for future cooperation	Departures	
16:30-17:00	Break							
17:00-18:00	Programme, expectations, group agreement Youthpass	City rally + summing up of its results	Human Library - continuation	Reacting to discrimination practice – part 2	Excursion – getting to know intercultural Antwerp with local volunteers	Evaluation of one's own learning (YouthPass), creating individual plans of actions		
18:00-18:30	Reflection groups					Reflection groups		
19:00-20:00	Dinner							
20:00- ∞	Welcome evening, team building	Intercultural evening	Evening in the city	Movie night (optional)	Free evening	Final Party		