

“FREE LIKE A BIRD”

TRAINING FOCUSED ON CRITICAL GENDER AWARENESS

18-26 OCTOBER, 2019

BALESTRAND-CIDERHUSET, NORWAY

CALL FOR PARTICIPANTS

Important -We invite all the interested people to read thoroughly the information included in this call. If you are not sure if this is the right training for you, please contact us before applying so we can clarify any question!

The project is designed to be highly challenging; to provoke participants beyond their mental comfort zone and to stimulate rethinking and (*maybe*) shifting their own worldviews and role in the intense diverse world we live in.

Background of the project

A “gender system” has been created in society in which women and men, in their diversity, do different things with different consequences, which has affected the labour market and created problems not only for individuals but for society at large, because gender stereotypes create rigid and not-flexible structures and hinder people’s potential capacity within many fields. Gender stereotypes are preconceived ideas whereby males and females are arbitrarily assigned characteristics and roles determined and limited by their sex. Stereotypes about women/men are the cause of deeply engrained attitudes, values, norms and prejudices. They are used to justify and maintain the historical relations of power of men over women as well as sexist attitudes which are holding back the realisation of the true equality.

The main need that this project wants to answer to is the lack of gender critical awareness and sensitivity in youth work field and especially of the ones active and working in international, multicultural or global settings.

This project will empower and enable youth workers with gender critical awareness, practical competencies and sensitivity which will be transferable towards vulnerable groups as well for changing the believes of young people having discriminatory thoughts and also in more sensitive and not easily detectable settings.

More specific objectives are:

- To increase/upgrade the **knowledge level of youth workers** from 11 countries in Gender Related Topics (gender, role, identity, norms, prejudices, stereotypes, assumptions, sensitivity, etc.)
- To increase **critical thinking** on gender issues among youth workers;
- To motivate the youth workers to initiate and manage projects focused on gender issues;
- To equip youth workers with **specific working competencies to tackle gender issues** in their work;
- To support youth organization in their efforts to **mainstream gender issues** in their projects;
- To upgrade **skills in managing and facilitating gender critical awareness learning process;**
- To develop high gender sensitive **attitudes in youth work field;**

Training course

The training course is strongly based on experiential learning (learning by doing) and non-formal education principles, with adequate time allocated for debriefing and reflection throughout the whole program as the process will be highly personal and aims at attitudinal changes, hence reflection is very important part of the process.

Target group and criteria for selection. The prospective participants should:

- **Be youth workers, leader's coordinators, facilitators and trainers** from active NGOs that have mission and objectives that are related to diversity and human rights. (*There will be given priority to long term members and/or for motivation to be involved in their organization for at least one more year after the project*);
- **Have strong interest and motivation toward gender issues** as well as towards critical aspects regarding gender issues in their society as well as European society.
- **Be ready to be challenged beyond their mental comfort zone;**
- **Have a high multiplicative potential and motivation;**
- **Be at least 18 years old**
- **Have at least a medium level of English use** (to be able to participate actively in discussions and in training activities);
- The participants should be resident of one of **following countries:**

Bulgaria, Italy, Lithuania, Norway, Portugal, Poland, Romania, Serbia, Slovenia, Spain and Turkey

- *important note: applications from people residents in other countries (regardless if they are nationals of the countries mentioned before will not be accepted)*

Costs

This project is funded by **the Erasmus + Program**. According to its rules, 100% costs of board and lodging will be covered by the organizers.

In addition, the organizers are going to reimburse travel costs which is in the budget of the travel calculator of the European commission (*from the country of residence – which has to be on the list mentioned before*), upon the receipt of all original tickets and invoices and 100% of their visa cost if needed for entering Norway.

The individual maxim budget for travel, per person is the following:

Bulgaria, Portugal, Serbia, Spain, Romania – 360

Lithuania, Slovenia, Poland, Italy – 275

Turkey-530

The transport cost will be reimbursed through bank transfer after the training, after receiving the documents in original.

If you are interested in taking part in this training course, please fill in the application form and return it completely to this e-mail address Andreea_loredana_psi@yahoo.com **until 20th of August 2019!**