

General contribution on the project „From Conflict to Collaboration“

REPORT SUBTITLE



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(participants from Bulgaria)

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OBJECTS AND GOALS

The conclusion of the dissemination includes taking part in various workshop and discussions such as discussing some of the most important difficulties and daily challenges that different participants face every day in their work or social background. Therefore, during the project, the participants were gathered around from all over the globe and with no judgement everybody willingly shared his life experience, as well as some difficulties of living in a different cultural and social environment: obstacles at work, stereotypes about some group of people, mostly refugees and non-speaking-major language community, hostility and aggression. These are the most common responses of recipients of people displaced by war, health or economic reasons to better their own life abroad.

The one-week project was based in the leafy and cosy town of Herentals, Belgium. We represented Bulgaria in an international project with participants from Albania, Belgium, Kosovo, Serbia, Hungary and Ireland. We are grateful for the opportunities to express ourselves, to enrich ourselves with rich experiences. The participants aimed to booster their social awareness and responsibility through vastly area of tools. One of the most productive events organized during the training was the working groups with participants from different countries in order to discuss, analyze and develop solutions to problem situations.

Secondly, one of the most productive outcomes was the opportunity to meet different people. Each of them had the opportunity to share their experience, as well as to talk fascinatingly about the situation in the country they represent.

The work was divided into several panels: training seminars using Power Point by our mentors and trainers Gośka and Natalie. Our stay also had a purely professional approach because there were papers on the different psychological effects of alienation, teamwork and inclusive thinking when interacting with different social groups. The PP was followed by discussions, workshops by teams and evaluation of the results. Need to say, every workshop came up with a task of each participant writing down what they wanted to achieve beforehand and the upgrade during the project. We watched documentary videos on the topics.

Last but not least, for the Bulgarian group, the participation was extremely useful, because it broadened our ideas about how to define "different", but also: it is always easier to judge than to empathize and try to cooperate with everyone.